



the review

A quarterly newsletter of the North Dakota Academy of Physician Assistants

Cindy Renner, PA-C, Editor

March 2005

President's Message

Here we are already close to the Spring Conference. It will be held April 28 and 29 at the Holiday Inn in Fargo, ND. A lot of work has been done to put this wonderful conference together, so let's plan on getting together again for some great CME and partnering. The conference has always been received very well and includes a variety of topics. We will be looking for more interested individuals that would be willing to put some time and effort into helping the Academy plan for this conference next year. If you are interested in helping us out please visit with myself or Heidi Olson-Fitzgerald now or at the conference. This is a great way to get involved in NDAPA.

We are also going to have a few NDAPA Catalog items available for purchase so please see the booth that will be available to view these items.

Please let the academy know if you are experiencing any practice concerns and we will look into any ways that we may be able to assist you.

I really encourage each and every one of the NDAPA members to become involved in the board of directors for the academy. We need to see some new members that are going to become good leaders for us. I have been involved in the academy in a lot of different aspects in the past 10 years. If you would someday be interested in being a leader, now is the time for us to become a mentor for you. I understand that we all have very busy lives and it seems that we would not be able to incorporate anything like this into it, however, I believe we all need to be challenged and you will open many new opportunities in your career by becoming involved.

See you in April. Think SPRING!!!!!!

Thanks,
Kate Larson, PA-C

ACLS Recertification Offered

April 27, 2005

In conjunction with the NDAPA Spring Conference, MeritCare will be sponsoring Advanced Cardiac Life Support (ACLS) Recertification on Wednesday, April 27th at MeritCare in Fargo. This will be held the day before the NDAPA conference – which starts Thursday morning. We feel this is a great opportunity for us to expand our CME offerings and benefit our members and PA's and NP's in the region.

Registration for ACLS will be coordinated through MeritCare. Contact Tasha Haug at 701-234-6448 or by e-mail tashahaug@meritcare.com. For course description, go to: www.providers.meritcare.com, link to educational opportunities, then to ACLS. You will not be able to register on line for this event

CLASS SIZE IS LIMITED. So register ASAP to secure a spot!! The registrations NOT filled by our conference attendees will be released to other providers **ON APRIL 1st...** so CALL to secure your registration!!!!

CME Committee



MARK YOUR CALENDARS!!!

The SPRING NDAPA Conference is April 28 & 29, 2005

This year the conference will be held at the Holiday Inn in Fargo. Topics will include Epilepsy, Hepatitis C, Alzheimer's Disease, Pain Management, Therapeutics Update, Hypertension, Dyslipidemia, Trauma, and Practicing in an Underdeveloped Country and more. Workshops will be offered on Airway Management / Neck Stabilization and IUD (Mirena) Insertion. You'll see some familiar speakers and great new additions to the conference. Conference Agenda can be seen beginning on page 7.

We're excited to have the UND PA students presenting poster sessions at the conference. Be sure and stop by and take a look at these sessions. Don't forget about the silent auction. This is a fun way to raise funds for the very worthy while Kathy Ohly Scholarship.

In conjunction with the conference, MeritCare is planning to offer Advanced Cardiac Life Support (ACLS) recertification on Wednesday, April 27. This course will require pre-registration and an additional fee will be assessed. **The number of participants will be limited. Registration will be made open to local medical personnel on APRIL 1st – so sign up now!!**

If adding ACLS is successful, we may consider offering PALS in the future. So please let us know if you plan to attend or if this or other courses would be of interest to you.

CME Committee members have been working diligently to put together a quality conference. I anticipate this conference will be another excellent event for education and networking. Conference brochures will be mailed in the next few days (if you have not already received this.) For further information contact,

Contact: UND Conference Services at 800-342-8230, e-mail: conferences@mail.und.nodak.edu or visit the following web site: www.conted.und.edu/primarycare.

Mark this on your calendars now and plan to attend!!

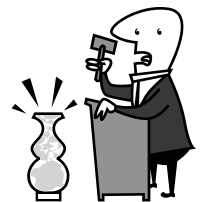
Heidi Olson-Fitzgerald
CME Chairperson

The Kathy Ohly Memorial Scholarship Fund Silent Auction

During the Primary Care Conference, a Silent Auction will be held with proceeds going to the Kathy Ohly Scholarship Fund. As many of you know the fund is used to grant two \$500 scholarships to North Dakota residents each year who are currently enrolled in an accredited physician assistant program. Please consider donating something for the auction.

Some great ideas have been used in the past including gift baskets, gift certificates, computer items, clothing, cd/radio combinations, golf putters — just about anything goes. Talk with your drug reps! Talk to your employers! Maybe they have items they can donate also.

Remember how tight things were when YOU went to school. These funds will go to help a deserving student out by giving them a much needed break! Please contact Cheryl Ulven or Jean Nygaard with your donation idea or any questions regarding the auction. You can contact them at: parabar@nccray.com or rjnygd@nccray.com respectively.



North Dakota Academy Of Physician Assistants PA of the Year Awards 2004

NDAPA is accepting nominations for PA of the Year in the following categories:

PA Educator of the Year
Humanitarian PA of the Year
Outstanding PA of the Year

There has been a great response to these awards in the past. This is an opportunity to recognize exceptional professional colleagues.

Consider nominating a candidate that is committed to their work, a great provider, someone who "goes the extra mile", someone who is a leader, a community and patient educator, someone who is involved in legislative and political issues or someone who is a great overall PA. This is an opportunity to recognize a colleague for their achievements and the role they play in health care.

Nominees do not have to be a NDAPA member, but must be a PA who works or resides in North Dakota.

The awards will be presented at the Spring NDAPA Conference, April 28-29, 2005 in Fargo.

Deadline for nominations is **April 6, 2005**.

It's not too early to start planning your nominations NOW!

Complete the nomination form and send to:

Terri Lang
1412 Cottonwood Avenue
Minot, ND 58701
Phone: 701.858.6795
Fax: 701.839.0967
e-mail: terri_lang@und.nodak.edu



--Nomination Form--
Physician Assistant of the Year Awards 2004
Sponsored by:
North Dakota Academy of Physician Assistants

I nominate the following individual for PA of the Year:

Nominee Name

Address

City/State/Zip

Telephone --(work or home)

Nominated For:

Outstanding PA of the Year

Humanitarian PA of the Year

PA Educator of the Year

Nominator Name

Date

Nominator Address

City/State/Zip

Telephone – (work or home)

Please include a letter of recommendation, indicating your reasons for nomination.

The deadline for nominations is **April 6, 2005**

No nominations will be accepted after that date.

Awards will be presented at the NDAPA Conference, April 28-29, 2005.

Guidelines:

Nominees do not have to be NDAPA members. The PA of the Year nominee may be a PA who works or resides in North Dakota.

Category descriptions:

Educator: This category is not limited to the academic setting. It is equally applicable to the PA educating the public on health-related issues or the PA profession.

Humanitarian: This category is for the PA whom you feel is giving of himself or herself in the service of others.

Outstanding: This category is for the PA who provides excellent care and service not only to their patients but also to the community and to the profession.

Please mail your nomination to: *Terri Lang, NDAPA, 1412 Cottonwood Avenue, Minot, ND 58701*. If you prefer to e-mail your nomination, please e-mail the above requested information and letter of recommendation to: *terri_lang@und.nodak.edu*

Reimbursement Updates

By Jean Nygaard

There have been several helpful articles regarding reimbursement issues in recent PA publications. Here are some of the highlights:

The AAPA has added a website with information on state billing and coverage policies of third-party payers. Access to this information is available to AAPA members and includes such topics as whether a particular payer credentials or issues provider numbers to PAs, if billing occurs under the PA or the physician, whether modifier codes are required, limitations on scope of practice etc.

Information on state Medicaid programs may be accessed at
www.aapa.org/members/gandp/medicaidprofile.html.

Information on private insurance companies is available at
www.aapa.org/members/gandp/privatepayer.html.

The new Medicare Prescription Drug Improvement, and Modernization Act of 2003 does more than authorize a prescription drug benefit. Starting this year all newly enrolled Medicare beneficiaries are covered for an initial physical exam. In addition all beneficiaries will be covered for cardiovascular screening blood tests, and those at risk will be covered for diabetes screening. These blood tests are 100% covered under Medicare, so beneficiaries will not have any out-of-pocket expenses.

Medicare also covers vaccinations, screening mammography, screening pap smears and pelvic exams, prostate cancer screening, colorectal cancer screening, diabetes self management, bone mass measurement, glaucoma screening and medical nutrition therapy.

CME Committee

The CME committee has been working together the last 12 months to put together the Spring NDAPA CME. We met by teleconference to discuss lecture topics, speakers, workshops, and decide on contracts to coordinate this event.

This group meets periodically through the year, typically by teleconference. CME meetings last 45-60 minutes, and we usually have 2-3 meetings per year.

Our current CME committee members are Terri Wold, Cory Jones, Susan Ivancovich, Joan Nyckemoe-Connell, Scott Barry, Bruce Larson, and myself.

We are looking for a new CME Chairperson for the upcoming CME events.

Please talk to any of the CME Committee members or NDAPA Board members if you are interested in the CME Chair, CME Committee or any of the NDAPA Board positions.

These are great opportunities to get involved with the NDAPA!!!

Membership

As the July 2005 - June 2006 membership drive is just beginning, the membership committee would like to take this opportunity to inform you that you may opt to renew your membership or become a member through your registration at this year's NDAPA Primary Care Conference, April 28-29, 2005 in Fargo. Upon receipt of the full-conference fee you will be given a membership form to complete and drop off at the conference.

NDAPA has been – and **continues** to be – YOUR professional organization. As stated in our Mission Statement: *“The mission of NDAPA is to promote quality, cost effective, accessible health care to enhance the health and well being of the people within North Dakota, and to promote the professional and personal development of Physician Assistants.”* We strive to keep you up-to-date on those issues affecting you professionally.

Should you not be able to attend the conference, or opt not to take advantage of paying for your membership with your conference registration, membership information will be mailed out to all North Dakota physician assistants following the conference.

NDAPA Board Meeting Teleconference

February 23, 2005

- The meeting was called to order by President Kate Larson at 9:08 p.m. Those present were Kate Larson, Wayne Kartes, Cheryl Ulven, Pat Blomquist, Cindy Renner, Jean Nygaard, Heidi Olson-Fitzgerald, Randy Perkins, and Wanda Knutson.
- Minutes of the previous telephone meeting were read and approved. There was discussion of old business. Initially the NDAPA clothing promotion was discussed. Members were encouraged to get their orders in so that the clothing could be worn at the spring CME.
- The next order of discussion was the silent auction, which traditionally is a fund-raiser for the NDAPA scholarship fund. Cheryl Ulven and Jean Nygaard will coordinate this year's silent auction.
- Jean Nygaard will be unable to attend the National Convention as an alternate delegate this year, and Cindy Renner has volunteered to serve as alternate delegate.
- The 2005 Leadership Summit is to be held in Washington D.C. on July 29 and 30. This was discussed and volunteers were requested to attend. Kate Larson and Wanda Knutson are interested at this point; further discussion will be held at the Spring convention.
- PA awards were discussed, but a coordinator was unavailable for input at this time.
- There was a call for articles for the newsletter to be published prior to the Spring Conference. Articles were to be in the first week of March.
- A pre-conference board meeting is scheduled for 9:00 p.m. on Wednesday, April 27, the evening before the Spring CME.
- The status of the Academy website is undetermined at this time.
- There was a call for adjournment by Randy Perkins, seconded by Jean Nygaard. Meeting was adjourned by President Kate Larson at 9:55 p.m.

Respectfully submitted,

Wayne Kartes, PA-C

NDAPA 2005 Conference Schedule at a Glance

Thursday, April 8, 2005

7:00 am - 7:45 am **Registration & Check-In -- Continental Breakfast** *Holiday Inn, Fargo, ND*

7:45 am - 8:00 am **Welcome & Announcements**

8:00 am - 9:00 am **VERTIGO MANAGEMENT FOR PRIMARY CARE & OTHER COMMON EAR DISORDERS**, *Kenneth M. Scott, MD, FACS - Dakota Clinic, Fargo, ND, Sponsored by Alcon Laboratories.*

9:00 am - 10:00 am

1. HORMONES, BONES & HEART - PRESENT UNDERSTANDING, *Jon Nielsen, MD, FACOG - North Memorial Medical Center, Robbinsdale, MN, Sponsored by Berlex Labs*

2. BIO-EMERGENCIES: CORE CONCEPTS, *James Hargreaves, DO - UND School of Medicine & Health Sciences, Medical Education BORDERS Project, Grand Forks, ND, Sponsored by BORDERS Alert & Ready.*

10:00 - 10:15 am **Refreshment Break**

10:15 - 11:15 am

1. BEYOND CHOLESTEROL GUIDELINES: IS LOWER BETTER & IS BETTER GOOD ENOUGH? *Lawrence Herman, MPA, RPA-C - New York Institute of Technology, Old Westbury, NY*

2. AIRWAY MANAGEMENT, CHEST TUBE MANAGEMENT & SPINAL IMMOBILIZATION FOR THE TRAUMA PATIENT* (2-Hr. Session), *Deb Syverson, RN, BSN, EMT - MeritCare Hospital, Fargo, ND, Sponsored by NDAPA.*

**Limited Enrollment*

11:15 - 12:15 pm

1. IDENTIFICATION OF THE PATIENT WITH DEMENTIA, *Patrick Konewko, Psy.D. - MeritCare, Neuroscience/ Neuropsychology, Fargo, ND, Sponsored by Pfizer.*

2. AIRWAY MANAGEMENT, CHEST TUBE MANAGEMENT & SPINAL IMMOBILIZATION FOR THE TRAUMA PATIENT (Continued), *Deb Syverson, RN, BSN, EMT - MeritCare Hospital, Fargo, ND, Sponsored by NDAPA*

12:15 - 1:00 pm **Lunch -- Exhibit Showcase Opening & NDAPA Silent Auction**

Thursday, April 28, continued

1:00 pm - 2:00 pm

1. ASSESSMENT & TREATMENT OF DEMENTIA*Patrick Konewko, Psy.D. - MeritCare, Neuroscience/Neuropsychology, Fargo, ND, Sponsored by Pfizer.***2. AIRWAY MANAGEMENT, CHEST TUBE MANAGEMENT & SPINAL IMMOBILIZATION FOR THE TRAUMA PATIENT* (2-Hr Session), Deb Syverson, RN, BSN, EMT - MeritCare Hospital, Fargo, ND, Sponsored by NDAPA****Limited enrollment.*

2:00 pm - 3:00 pm

1. THE CRITICAL IMPORTANCE OF STRICT BLOOD PRESSURE CONTROL, Philip Van Reken, MD, IM - West Suburban Hospital, Resurrection Healthcare, Lombard, IL, Sponsored by Sankyo Pharma, Inc.**2. AIRWAY MANAGEMENT, CHEST TUBE MANAGEMENT & SPINAL IMMOBILIZATION FOR THE TRAUMA PATIENT (Continued), Deb Syverson, RN, BSN, EMT - MeritCare Hospital, Fargo, ND, Sponsored by NDAPA**

3:00 pm - 3:30 pm Refreshment Break Exhibit Showcase & NDAPA Silent Auction

3:30 pm - 4:30 pm **TRAUMA CARE UPDATE - WHAT'S NEW?, Deb Syverson, RN, BSN, EMT - MeritCare Hospital, Fargo, ND, Sponsored by NDAPA.**4:30 pm - 5:30 pm **OPTIONS IN PAIN MANAGEMENT, Todd Hess, MD - United Pain Center, St. Paul, MN, Sponsored by Pfizer.**5:30 pm **Adjourn Evaluations & Continuing Education Certificates****Friday, April 29, 2005**7:00 am - 7:45 am **Registration & Check-In -- Continental Breakfast -- Exhibit Showcase & NDAPA Silent Auction**7:45 am - 8:00 am **Welcome & Announcements**8:00 am - 9:00 am **DIABETES, Alberto Cabo Chan, MD - Dakota Clinic, Fargo, ND, Sponsored by GlaxoSmithKline.**9:00 am - 10:00 am **NEW AGENTS & THERAPEUTICS UPDATE, Richard Clarens, PharmD - UND Family Medicine Residency, Grand Forks, ND, Sponsored by NDAPA**10:10 am - 10:30 am **Refreshment Break -- Exhibit Showcase & NDAPA Silent Auction -- NDAPA Awards**

10:30 am - 11:30 am

1. Everything You Need to Know About Diagnosis and Treatment for the Red Eye, Joel Weinstein, MD - University of Wisconsin, Madison, WI, Sponsored by Alcon Laboratories.**2. "I JUST FOUND THIS WOUND—NOW WHAT?": PRACTICAL WOUND MANAGEMENT IN PRIMARY CARE, Lester Kiemele, PA-C - Mayo Clinic, Rochester, MN, Sponsored by NDAPA****3. NEW DEVELOPMENTS IN CONTRACEPTION: MIRENA INSERTION WORKSHOP*, Amy Fleigle, BSN, RN - Berlex Laboratories, Brooklyn Park, MN, Sponsored by Berlex Labs. *Limited enrollment.**

11:30 am - 12:30 pm

1. A PA'S ROLE IN A PUBLIC HEALTH SYSTEM IN JEREMIE, HAITI, Annette Larson, MS, PA-C - UND School of Medicine & Health Sciences, Grand Forks, ND, Sponsored by NDAPA.**2. NEW KILLER VIRUSES: WHAT HAVE WE LEARNED?, Paul Carson, MD - MeritCare Broadway, Fargo, ND, Sponsored by NDAPA****3. NEW DEVELOPMENTS IN CONTRACEPTION: MIRENA INSERTION WORKSHOP*, Amy Fleigle, BSN, RN - Berlex Laboratories, Brooklyn Park, MN, Sponsored by Berlex Labs. *Limited enrollment.**12:30 pm - 1:30 pm **Lunch -- NDAPA Membership Meeting**

1:30 pm - 2:30 pm

1. INTERPRETING ABNORMAL PAP SMEARS & THE ROLE OF HPV, Ranelle Turman, RN, CNP - MeritCare - South-Pointe, Fargo, ND, Sponsored by NDAPA**2. NATURAL HISTORY & TREATMENT OF HEPATITIS C IN PERSONS WITH HIV-1, David Wyles, MD - University of Colorado Health Sciences Center, Denver, CO, Sponsored by NDAPA****3. NEW DEVELOPMENTS IN CONTRACEPTION: MIRENA INSERTION WORKSHOP*, Amy Fleigle, BSN, RN - Berlex Laboratories, Brooklyn Park, MN, Sponsored by Berlex Labs. *Limited enrollment.**

2:30 pm - 3:30 pm

1. EPILEPSY & THE "NEW" ANTICONVULSANTS, Ross Pettit, MD - Red River Neurology Clinic, Grand Forks, ND, Sponsored by UCB Pharma.**2. INTRODUCTORY APPROACH TO PRESCRIBING ORAL CONTRACEPTIVES, Terrie Jo Wold, MSHS, PA-C - UND Physician Assistant Program, Grand Forks, ND, Sponsored by NDAPA**3:30 pm **Adjourn -- Evaluations & Continuing Education Certificates**

For further information Contact: UND Conference Services at 800-342-8230,
e-mail: conferences@mail.und.nodak.edu

or visit the following web site: www.conted.und.edu/primarycare.



the review

North Dakota Academy of Physician Assistants
 Terri Lang, Executive Secretary
 1412 Cottonwood Avenue
 Minot, ND 58701
 Phone: 701.838.6394
 Fax: 701.839.0967
 Email: terri_lang@und.nodak.edu



President

Wanda Knudson
 1208 Bayview Court
 Bismarck, ND 58501
 H—224.9160
 W—323.6000
 F—323.5369
 Email—wandaknudson@cs.com

Past President

Denise Lorenz
 414 4th Ave. NE
 Hazen, ND 58545
 H—748.3563
 W—748.2256
 F—748.2257
 Email—denden@westriv.com

President Elect

Kate Larson
 Box 1061
 Garrison, ND 58540
 H—463.7311
 W—463.2245
 F—463.6543
 Email—katel@restel.net

Vice President

Ginger Collins
 828 3rd St. SW
 Rugby, ND 58368
 H—776.6376
 W—776-6325
 Email—rugbypa00@yahoo.com

Secretary

Wayne Kartes
 PO Box 995
 Rolla, ND 58367
 H—477-5862
 W—477-31111
 Email—w_kartes@hotmail.com

Treasurer

Patricia Blomquist
 8268 Hwy 40
 Battle View, ND 58773
 H—464.5760
 W—572-7651
 Email—patrnpac@yahoo.com

Director at Large

Cheryl Ulven
 PO Box 265
 Ray, ND 58849
 H—568-2281
 W—627-2990
 Email—parabar@nccray.com

Legislative/Government Affairs

Denise Lorenz
 414 4th Ave. NE
 Hazen, ND 58545

Membership

Denise Lorenz
 414 4th Ave. NE
 Hazen, ND 58545

Professional Wellness

Randy Perkins
 2015 2nd Place NE
 Jamestown, ND 58401
 H—252-6828
 W—253.3650
 Email—randperkins@hotmail.com

CME

Heidi Olson-Fitzgerald
 4284 14th St. S.
 Moorhead, MN 56560
 H—218.236.4951
 W—234-3900
 F—234-3951
 Email—hmfitz@att.net

Elections

Denise Lorenz
 414 4th Ave. NE
 Hazen, ND 58545

Scholarship

Micki Lueck
 602 Broadway
 Lisbon, ND 58054
 H—683.5973
 W—683.5241
 F—683.4345
 Email—mlueck@bannerhealth.com

Reimbursement

Jean Nygaard
 8533 County Road 19
 Wildrose, ND 58795
 H—539-2137
 W—965-6349
 Email—rjnygd@nccray.com

Corporate Sponsor

Roger Preszler
 1242 3rd Ave. NW
 Valley City, ND 58072
 H—845-8791
 W—845-6000
 Email—rjpreszler@yahoo.com

Newsletter

Cindy Renner
 800 St. Louis Place
 Bismarck, ND 58504
 H—223.4865
 W—221.0900
 F—221.9197
 Email—eatchocl8@aol.com

Public Education/Relations

Heidi Olson-Fitzgerald
 4284 14th St. S.
 Moorhead, MN 56560

PA Program Liaison

Terrie Jo Wold
 PO Box 9037
 Grand Forks, ND 58202
 H—772.5951
 W—777.3721
 F—777.2389
 Email—tewold@medicine.nodak.edu

2004 Chief Delegate—AAPA HOD

Wanda Knudson
 1208 Bayview Court
 Bismarck, ND 58501

2004 Junior Delegate—AAPA HOD

Micki Lueck
 602 Broadway
 Lisbon, ND 58054

2004 Alternate Delegates—AAPA HOD

Heidi Olson-Fitzgerald
 4284 14th St. S.
 Moorhead, MN 56560

Julie Keller
 Central Dakota Family Physicians
 922 Lincoln Avenue
 Harvey, ND 58341



The mission of NDAPA is to promote quality, cost-effective, accessible health care to enhance the health and well-being of the people of North Dakota and to promote the professional and personal development of Physician Assistants.