



# the review

A quarterly newsletter of the North Dakota Academy of Physician Assistants

Katie Tanner, PA-C, Editor

March, 2007



## Message from the President

Greetings from your president.

Winter is gradually coming to an end and Spring is just around the corner. As we look toward spring, **the Primary Care Conference in Fargo, May 3<sup>rd</sup> & 4<sup>th</sup> is a key event.** This conference provides PA's and NP's with the opportunity to network professionally, hear quality filled lectures on the latest practice guidelines, relax, socialize and be challenged professionally. Please watch for Date reminder cards that will come in the mail and registration information. I urge you to sign up at your earliest opportunity. Please check the following web site for registration information:

<http://www.conted.und.edu/primarycare/>

I will represent NDAPA at the Constituent Organization Resource Exchange meeting in Washington, DC, February 23-25<sup>th</sup>. This national meeting offers leadership resources for state chapters covering topics like reimbursement, developing an effective governmental affairs committee, leadership recruitment, and organizational tips. I look forward to learning and sharing applicable tips with our membership.

***The Academy's web page is up and running.*** Please check it out and share any tips you might have with the academy to make this an effective resource and communication tool.

<http://www.ndapahome.org/>

Sue Kuntz, Assistant Professor at the UND PA Program is the web page master. She can be reached at [skuntz@medicine.nodak.edu](mailto:skuntz@medicine.nodak.edu)

***The North Central Regional Meeting is being planned for fall.*** If anyone would like to represent the ND Academy on this planning committee please let me know.

***Hoping to attend the 2008 National PA Conference in San Antonio, Texas- 2008? Ever thought about attending the House of Delegates session where the business of the PA Profession takes place?*** The NDAPA has an offer for you? We need willing participants to be delegates for the conference. Let the board members know of your interest as soon as possible. Official delegates from North Dakota get financial support from the academy to help cover expenses. I urge you to consider this unique opportunity. THANKS!!

Terrie Jo Wold, NDAPA President

**Check out the Academy's Website!**



**www.NDAPAHome.Org**

## North Dakota PA of the Year 2006 Awards-

*By Heidi Olson-Fitzgerald, Public Relations*

There has been an excellent response in nominations for the PA of the Year Awards. Each year, the North Dakota Academy of PA's selects physician assistant practicing in North Dakota for the distinction of Outstanding PA of the Year, Humanitarian PA of the Year, and PA Educator of the Year. Here are a list of candidates for the 2006 North Dakota PA of the Year and the corresponding category:

Virginia Ceynar	Outstanding PA of the Year
Jim Crabill	Educator of the Year
Sherri Doll	Outstanding PA of the Year
Brenda Hanson	Outstanding PA of the Year & Humanitarian PA of the Year
Susan Hanson	Outstanding PA of the Year
Cindy Renner	Outstanding PA of the Year ,Educator of the Year & Humanitarian PA of the Year
Teresa Reinholz	Outstanding PA of the Year
Cheryl Ulven	Outstanding PA of the Year



**Congratulations to all of the candidates!!**

### Legislative Report

Just a quick note on the BOME meeting in November. Kate Larson and I are co-chairs of the Legislative Committee. We attended the quarterly board meeting and found the board very receptive to us. We are in the infancy of getting to know the board members. If you would like any information communicated to the board please feel free to contact either Kate or myself. If you're unsure if something should go to the board, we would be available for that also. The biggest thing that the PA's in ND need to do is show a united front. So if you know any colleagues that are not members then please talk to them and try to get them to join. Increased membership will help us as we consider proposing a seat for a PA on to the ND Board of Medical Examiners **in the future**.

Again, if there is anything that you feel needs to be communicated to the board, **please send them to Kate or myself**. We will be attending the meeting in March.

Respectfully submitted,  
Scott Barry and Kate Larson

### Kathy Ohly Memorial Scholarship Fund and Silent Auction

Every year the NDAPA awards two scholarships to North Dakota residents attending a Physician Assistant program. We raise this money through donations and through our annual Silent Auction. It is already March and time to start thinking about items you may wish to donate for the Kathy Ohly Memorial Scholarship Fund Silent Auction.

*The NDAPA Silent Auction will be held during the conference so bring your items with you.* Some great auction items include: gift certificates, gift baskets, CD/radio combinations, golf putters, amusement park certificates, computer items, clothing, etc.

The NDAPA Board would like to know what you plan to bring in advance to plan for enough space. You may contact anyone on the NDAPA Board with your auction item or contact Cheryl Ulven at: [parabar@nccray.com](mailto:parabar@nccray.com) for more information.

## Recruitment Efforts

*By Randy Perkins, NDAPA Board Member*

NDAPA has an ongoing concern, as does every academy, for new membership. A new promotion tactic identifies potential academy membership by contacting other PA programs that have enrolled North Dakota PA students. AAPA provided us with their reference print outs. This will allow our academy to encourage student enrollment and interaction.

One of the most fruitful membership out-of-state programs has been the Rocky Mountain College PA Program, Billings. I work with that program as a adjunct faculty to assist their North Dakota students with behavioral medicine rotations at the North Dakota State Hospital. If you know of any PA students enrolled in out of state programs please notify one of the board members to alert us. See you at the annual conference.

## 29th Annual NDAPA Primary Care Seminar



**May 3 & 4, 2007**  
**Best Western Doublewood Inn**  
**Fargo, North Dakota**

*A clinical update* for physician assistants and nurse practitioners

### Get Updates On the Following Topics:

- Asthma
- Benign Prostate Hypertrophy
- Bipolar Disorder
- Cardiovascular Disease
- Clinical Assessment of STDs
- Erectile Dysfunction
- Head Trauma
- Hepatitis C
- Hypertension in Diabetes
- Inhaled Insulin
- Methamphetamine
- NCCPA Certification
- Neuropathic Pain & Migraine Headaches
- Osteoporosis
- Rules of Emergency Medicine
- Smoking Cessation
- Women's Sexual Dysfunction

**For Registration Information,  
please check the following web site:**  
<http://www.conted.und.edu/primarycare/>

## NDAPA Board Teleconference 01-21-07

Meeting was called to order at 9:05 p.m. by President Terrie Wold. Those in attendance were Terrie Wold, Kate Larson, Scott Barry, Pat Blomquist, Lori Dockter and Wayne Kartes.

The minutes of the previous meeting were not readily available, as I was not at my home and did not have access to them. Treasurer's report was given and will be attached to the minutes; there was discussion on moving some money from checking to savings into a CD short term to accrue greater interest. Motion by Wayne, seconded by Scott to move \$5,000 from the checking account into a 12-month CD; all were in favor, motion carried.

Next was the discussion regarding the Leadership Conference to be held in Washington D.C. on February 24 and 25, 2007. Terrie Wold, Scott Barry and Lori Dockter expressed interest in attending and they will work in coordination with Terrie Wold to attend.

Next was discussion on the membership committee. One tactic to hopefully increase membership is to contact North Dakota PA students before they graduate, in hopes of enticing them to join NDAPA. This will be discussed with the membership chairperson.

Next was a report on public relations; Heidi Fitzgerald was not in attendance, but she did have a report to Terrie and noted that letters have been sent to physicians and clinics regarding upcoming PA awards.

Next was discussion regarding the Legislative Committee, headed by Kate Larson and Scott Barry; they recently met with the State Board of Medical Examiners and were pleased with their reception. Terrie Wold will send a letter to the State Board of Medical Examiners naming Scott and Kate as our representatives from NDAPA. These members will place an article in the newsletter regarding encouragement of Physician Assistants to use their representatives, if they have concerns regarding practice in North Dakota.

Kate Larson, head of the CME committee reported that plans for the Spring CME are going very well. She and her committee have most of the arrangements made.

**New Business:** Terrie Wold will place a note in the newsletter encouraging members to consider attending San Antonio conference as delegates for 2008. The election for these positions will be at the Spring Conference in May.

Being no further business, there was a motion to adjourn; this was made by Scott and seconded by Pat. Meeting was adjourned at 10:00 p.m.

Respectfully submitted,

Wayne Kartes, Secretary NDAPA.



### CME Update

For more information and to download a brochure, visit the web at:

[www.mnacadpa.org](http://www.mnacadpa.org)

March 29-31, 2007

Earle Brown Heritage Center  
Brooklyn Center, Minnesota



## MEMBERSHIP

It is time to join and/or renew your membership to the North Dakota Academy of Physician Assistants. Page 7 is the application for joining or renewing your membership or you can find it on-line at <http://www.NDAPAHome.org>. For those of you who attended the 2006 and indicated and paid the full registration which included the membership fee, please fill out the form and check the appropriate box that your membership fee has already been paid if you did not fill out an application during the conference and hand it in. We need the application forms filled out in order to update your membership information. Membership continues to be \$50 for fellow members and \$10 for students. Please be sure to provide your e-mail address as it provides a more effective and efficient way to communicate with all members.

Becoming a member of the North Dakota Academy of Physician Assistants affords you a greater opportunity to keep up to date with what is happening in the PA profession in addition to networking with fellow physician assistants. We are also encouraging each and everyone of you to become involved with the academy by your participation on a committee. When you fill out your application form, please indicate any committees that may be of interest to you that you would be willing to be a part of. Terri Lang, the executive secretary will then have the chairman of the committee contact you to make sure you are included in the activities of that committee.

## UND PA Program Update

Greetings from the UND PA Program, It has been awhile since I told you of the happenings here at the Program, so there is a lot to tell. First of all, you have probably heard that Terrie Jo Wold is no longer with us as a member of faculty. The 75 mile commute, and sleeping out of a suitcase on other nights gets pretty old after a few years. So Terrie decided to make her roots permanent in Moorhead and, as a result, we are presently looking for another faculty member. Anyone interested???

This past year we did a few changes with the program. First of all, we started a three year pilot program and opened the applicant pool to "other licensed health care professionals with extensive clinical experience" as well as RN's. The first class began in fall and is appreciating the variety of experiences and expertise. We have 18 nurses and 15 "others", including pharmacists, clinical lab scientists, respiratory therapists, FMG's, dietitians, cardiovascular invasive techs, and paramedics. And the majority of this group are from North Dakota and Minnesota. So we had a large contingent of family when we had their White Coat Ceremony.

In reviewing the experience with the first 3 Masters classes, we decided to give the students a more thorough review in Anatomy, Basic EKG's, and Intro to Pharmacology before they come for the first didactic session. As a result, the program is now 22 months long. And, before the students begin in August, we have a week of on-line orientation to get them accustomed to distance learning and on-line coursework. And lastly, this past fall we increased our "core" faculty by one. Vikki McCleary, PhD in physiology, joined the Program. She teaches pathophysiology, coordinated basic anatomy, and intro pharmacology. We are pleased to have her on board. Now... if we just find another PA ..... (Hint to those who might have an interest. Give me a call.)

Greetings from the "land of the Forks"  
Take care, and Peace.

Mary Ann Laxen  
Director, Physician Assistant Program  
University of North Dakota School of Medicine and Health Sciences

## In Memoriam...

**Mickey Knutson, P.A. (B.S.N. '58, F.N.P. '78)**, founder and former director of the Physician Assistant (PA) and Nurse Practitioner programs, died Jan. 2, 2007 at Orlando, FL. She was 70.



In the early 1970s, she was instrumental in the development of the physician assistant and nurse practitioner programs at the UND medical school. She served as director of the Family Nurse Practitioner Program from 1972 to 1977 and as co-director of the PA Program from 1982 to 1998.

A native of Grafton, ND, Knutson earned a bachelor of science degree in nursing at UND and a master's degree in nursing at the University of Washington in 1961. She completed the Family Nurse Practitioner Program in 1978 at UND.

In 1963, she joined the UND College of Nursing faculty where she served for three years before being named director of St. Francis School of Nursing in Minot. In 1972, she was named director of the Family Nurse Practitioner Program at the UND medical school where she wrote numerous grants which brought more than \$2 million to UND.

During her career, she held many leadership positions with the National Organization of Nurse Practitioner Faculties (including president in 1982), Association of Physician Assistant Programs, North Dakota Academy of Health Practitioners, among others, and wrote extensively on the education of family nurse practitioners and related topics. She received the UND President's Award for Outstanding Service in 1990.

She is survived by her husband, Larry Knutson, Orlando; son and daughter-in-law, Dr. James and Theresa Knutson and grandson, Cole Knutson, all of Sioux City, Iowa.

Memorials may be sent to: The Mickey Knutson Scholarship Endowment, UND Foundation, PO Box 8157, Grand Forks, ND 58202.

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## Contributions by the Academy

- The North Dakota Academy of Physician Assistants gave a monetary donation to the UND PA Program towards a one year subscription of the **Prescribers Letter** for each student in the 2008 class. This gift was given to them at their White Coat Ceremony on Friday, February 16.
- A memorial was given by the North Dakota Academy of Physician Assistants to the Mickey Knutson Scholarship Endowment in her name. At one time, Mickey was President of the North Dakota Academy of Health Practitioners (currently, North Dakota Academy of Physician Assistants).

**NORTH DAKOTA ACADEMY OF PHYSICIAN ASSISTANTS**  
**200\_ Membership Application/Renewal Form**

**First time applicants: Please include a copy of your NCCPA certificate and a copy of your program diploma. Thank you.**

First Name	MI	Maiden	Last Name	Title
Home Address		City	State	Zip
Supervising Physician			Clinic/Hospital Name	
Work Address		City	State	Zip
Home Phone			Work Phone	

Fax \_\_\_\_\_ **E-Mail Address** \_\_\_\_\_

Currently registered with the N.D. Board of Medical Examiners:  Yes  No License \_\_\_\_\_  
 AAPA Member:  Yes  No AAPA ID# \_\_\_\_\_  
 NCCPA Certified:  Yes  No NCCPA Cert. # \_\_\_\_\_

Training Program: \_\_\_\_\_ Yr. Graduated \_\_\_\_\_

**Practice Demographics:** Clinically Active:  Yes  No  
 Type of Practice: Rural  Urban  Clinic  Hospital  Specialty: \_\_\_\_\_

On which committee(s) would you be willing to be involved in:  
 Membership  Public Relations  Newsletter  Legislative  Cont. Ed.  Corporate Sponsor  
 Elections  NDAPA Awards  Professional Wellness  Reimbursement  Scholarship

Please indicate your mailing preference:  Home  Work  No rent option\*  
 \* NDAPA rents its mailing list of members to carefully selected companies and organizations. If you do not wish your address to be rented, please check the "no rent option".

Would you like your name added to our resource pool for lecturing, etc.?  Yes  No

What areas would you be willing to present? \_\_\_\_\_

Voluntary Contribution to the Kathy Ohly Scholarship Fund: \$ \_\_\_\_\_

- Fellow \$50.00 (A PA certified by NCCPA)
- Sustaining \$25.00 (A PA who has chosen not to practice as a PA and not join AAPA)
- Student \$10.00 (one in an approved CAAHEP approved program)
- \_\_\_\_\_ PA Program \_\_\_\_\_ Anticipated graduation
- Affiliate \$50.00 (non-PA wishing to belong to NDAPA)
- Physician \$50.00
- Membership paid at conference**

Amount Enclosed: \$ \_\_\_\_\_ + \$ \_\_\_\_\_ = \$ \_\_\_\_\_

Membership                      Contribution      Scholarship                      Total

Make checks payable to NDAPA. Send application to: **Terri Lang, Executive Secretary, NDAPA, 1412 Cottonwood Avenue, Minot, ND 58701** (please make a copy for your personal records. Thank you.)

**North Dakota Academy of Physician Assistants' Mission**  
 To promote quality, cost-effective, accessible health care to enhance the health and well being of the people within North Dakota and to promote the professional and personal development of physician assistants.



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